

# Rehabilitation Services

## INFORMATION BROCHURE

### Referrals & Admission

Referrals can be made to the programs by a treating general practitioner, specialist, rehabilitation physician or an accredited doctor with admitting rights to the hospital.

For patients in hospital at the time of referral to the unit, generally the Discharge Planners or staff of the unit will make all arrangements on behalf of the patient to move across to Toronto Private Hospital.

Discharge Planners will discuss the transport arrangements with the patient and usually provide patient transport, following the doctor's approval.

**IMPORTANT:** Toronto Private Hospital requires a formal referral letter from a Medical Practitioner or Specialist for admission to be processed.

A referral form can be found on the website under the "referrers" tab.

On admission patients will need to bring:

- Letter of referral from the treating doctor
- Medicare card
- Health/Pension/DVA card
- Casual Clothing
- Swimwear (hydrotherapy)
- Comfortable footwear and walking shoes

If you have any queries or concerns at anytime, please ask to speak with our Referral & Liaison Officer.

### Contact our Rehabilitation Team

#### Rehabilitation Referral & Liaison Officer

0459 988 151

#### Director of Clinical Services

(02) 4956 0102

0459 988 219

Toronto  
Private Hospital

Toronto Private Hospital  
Cary St &, Excelsior Parade, Toronto NSW 2283

Telephone: (02) 4950 4477

Facsimile: (02) 4950 5028

Email: [torontoprivate@healthcare.com.au](mailto:torontoprivate@healthcare.com.au)

[www.torontoprivatehospital.com.au](http://www.torontoprivatehospital.com.au)



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Private Hospital

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All patients are assessed and treated by a dedicated team of qualified health care professionals under a multidisciplinary model of care.

Toronto Private Hospital is a 105 bed facility ideally situated on the shores of Lake Macquarie. The hospital provides specialist care for patients with medical, palliative, mental health and rehabilitation needs.

As part of the Health Care Group, the facility is designed to meet the changing needs of health care, with the aim of delivering multidisciplinary services that provide a continuum of care beyond the hospital stay.

Their rehabilitation programs are designed to assist patients in managing a range of issues following a surgical procedure, trauma or as a result of deconditioning.

Programs are individually tailored and designed to maximise patient recovery while providing practical ways of dealing with ongoing disability. Programs also aim to increase an individual's safety and independence to assist individuals to live independently in the community.

All patients are assessed and treated by a dedicated team of qualified health care professionals under a multidisciplinary model of care.

Toronto Private Hospital is a Tier 1 provider of hospital services to the veteran community and welcomes both private and self-insured patients.

## Rehabilitation Services

Toronto Private Hospital offers a range of rehabilitation services for in-patients and day patients.

Programs have a continuous entry and run throughout the year. Services include rehabilitation in the areas of:

- Orthopaedic Rehabilitation
- Neurological Stroke / Non Stroke Rehabilitation
- Cardiac Rehabilitation
- Pulmonary Rehabilitation
- General Reconditioning
- Amputee Care
- Traumatic Brain Injury
- Multiple Trauma Care
- Cancer Rehab

## Facilities

Toronto Private Hospital provides a range of facilities including:

- Hydrotherapy Pool
- Gymnasium
- Treatment Rooms
- Independent Living Area
- Single Rooms with Ensuites and Foxtel
- Specialist Consulting Suites
- Onsite Medical Imaging, Pathology and Pharmacy

## Accessing Treatment Services

### Who is suitable for referral?

Toronto Private Hospital rehabilitation services are designed to assist patients in managing a range of neurological, orthopaedic and reconditioning issues following a surgical procedure, trauma or as a result of deconditioning.

### How much does it cost?

As a general rule, patients with private hospital cover, WorkCover, Third Party Insurers or DVA are insured for treatment in the programs. Patients need to confirm their rebate entitlements with their fund prior to commencement.

Patients who are not privately insured may discuss hospital fees with the hospital's Admissions Officer.

## Liaison Service

The Rehabilitation Services Referral and Liaison Officer visits referring hospitals on a regular basis (Monday through Friday). An in-patient assessment can be provided to clients in hospital that are considering rehabilitation to assist them in their recovery to optimal health.

